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CHANTAL HEBERT

ALBERTA'S WILD ELECTION

IN METROVIEWS

THANDI FLETCHER/METRO

SIGN OF THE DINE Restaurant owner Moe Alameddine practises ordering a steak in sign language. Alameddine is opening Vancouver's first eatery staffed entirely by deaf and hard-of-hearing servers, which will encourage diners to sign their food and drink orders. See story in metroNEWS

Free Wi-Fi coming to Vancouver

COMMUNICATION

43 locations to offer public Internet within six months

Emily Jackson
Metro | Vancouver

Say goodbye to using smartphone data to post pictures to Facebook, tweet or send emails in Vancouver's community centres and a handful of civic facilities.

Free wireless Internet is coming to 43 Vancouver locations within six months after city council voted Wednesday to award a massive contract to Telus to provide the service at no cost to the city or users.

It's a win for advocates who have been trying to get free Wi-Fi in the city for at least a decade.

They argue that free Wi-Fi supports people who can't afford Internet at home and is also good for tourism and helps in emergency situations.

The pricey endeavour is worth it for Telus, since it can use the telecommunications equipment it installs on city property for private purposes, just as long as it also provides access to the public.

The City of Surrey has a similar contract with Shaw Communications, which lost the bid for the Vancouver contract.

People will soon be able to surf the Net at 27 community centres, three theatres, four civic facilities, four outdoor pools, three golf courses and two marinas.

Users will not have to create an account, and there will be no data caps.

Wi-Fi at the outdoor locations will only be accessible near buildings where Telus can install its equipment, so don't expect to be able to Instagram an action photo of your excellent swing on the fifth hole of Langara golf course.

For similar technological reasons, the city dropped its plan to have Wi-Fi on two outdoor promenades at Granville Street and Canada Place.

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Your essential daily news

Pope wants equal pay for women. **Business**

City is Ripe for business

TRANSPORTATION

Luxury sedan company clears hurdle

Emily Jackson
Metro | Vancouver

Vancouverites with extra pocket change who are sick of waiting for cabs or buses will finally have another transportation option in the city — and no, it's not Uber.

In an unprecedented move, the Passenger Transportation Branch approved 20 licences under special authorization for Ripe, a company that plans to provide luxury sedan service in Metro Vancouver that's pricier than a taxi and cheaper than a limo.

In doing so it created a new tier, a sort of limo-cab hybrid.

The approval, issued more than four months after a public hearing where taxi companies fought against the new company, is especially unusual because Ripe connects passengers and drivers via smartphones in a similar way to Uber.

$20

Ripe rides start at $20 for the first kilometre, $5 per kilometre for the next three and decreasing prices thereafter. Cancelled trips cost $10.

Uber, a notorious and popular ride-sharing company, has a sour relationship with the government after flagrantly disobeying its rules and ultimately exiting the city in 2012.

But the provincial regulator, which hasn't issued a full-fledged taxi licence in the City of Vancouver since 2007 (aside from taxis equipped for people with disabilities), was open to change since Ripe followed all its rules, Ripe president and founder Otis Perrick said Wednesday.

"They could see that we are not only a tech savvy city that's ready for some change, but we're ready for new options," Perrick said.

> **"They could see that we are not only a tech-savvy city that's ready for some change, but we're ready for new options.**
>
> Otis Perrick, Ripe president and founder

Perrick argues Ripe is not a taxi service because people can't flag it and because of the price point.

It's also not a limo service since it doesn't charge a flat $75 fee for the first hour.

Customers will be able to download an app to find a driver near them, see how long it would take to get to their location and request a ride.

The Passenger Transportation Branch is just the first hurdle for Ripe, which must get a permit to operate in Vancouver and from other municipalities in the region.

The City of Vancouver has placed a moratorium on issuing new permits until October 2015 in order to consult with taxi companies and hopeful new entrants including Uber.

While Perrick hopes to begin beta testing of the Ripe app within two months and have the service operating by fall at the latest, he will follow the city's parameters.

"We won't operate illegally," he said. "We're not here to bully our way in."

NHL DOWN IN FLAMES Calgary Flames fans had another chance to bask in their first-round playoff victory over the Canucks at Vancouver City Hall on Wednesday. After losing a bet over the outcome of the series with Calgary Mayor Naheed Nenshi, Vancouver Mayor Gregor Robertson wore a Flames jersey to the city council meeting and recited a poem by Nenshi. The poem read, in part: "And we're still at zero cups and counting (not Starbucks cups)." CONTRIBUTED

TRANSIT PLEBISCITE

Voter turnout over 455,000

Matt Kieltyka
Metro | Vancouver

Voter turnout for the region's transit plebiscite is near 30 per cent with a month left until polls close.

Elections BC released its weekly update on ballot returns Wednesday, confirming that 455,220 ballots have been received and screened to date.

Those ballots represent a voter turnout of 29.2 per cent so far.

The region's voters are being asked to vote on a proposed 0.5 per cent Congestion Improvement Tax to help pay for the region's 10-year, $7.5-billion transit plan.

In total, Elections BC has received over 537,000 ballot packages (34 per cent voter turnout) but that number includes ballots that have not yet been screened.

In comparison, voter turnout in the transit plebiscite is starting to approach the levels seen during municipal elections.

Turnout during the 2011 City of Vancouver elections was 35 per cent (it went up to 43.4 per cent in 2014).

Voter turnout in the last provincial general election was 55.32 per cent.

Fifty-two per cent of British Columbians voted in the 2011 referendum that killed the Harmonized Sales Tax.

Polls in the Metro Vancouver transit plebiscite close at 8 p.m. on Friday, May 29.

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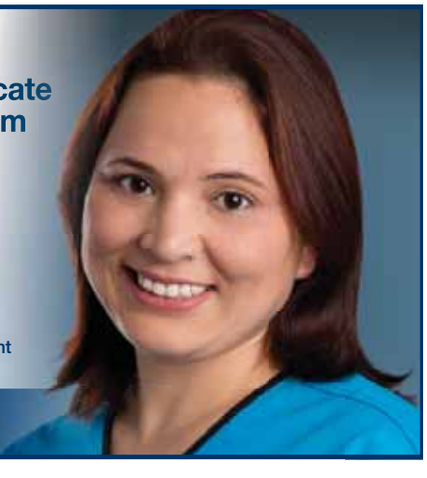

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UBC creates new enzyme

BLOOD

Breakthrough could improve supply for transfusions

Matt Kieltyka
Metro | Vancouver

A new breakthrough by University of British Columbia scientists could dramatically improve blood supply for patients in need of life-saving transfusions.

David Kwan, postdoctoral fellow at UBC's department of chemistry, says his team has created an enzyme that targets antigens found in Type A and B blood cells, transforming them into universal blood similar to Type O.

The development could one day eliminate the need to match patients with blood donors of specific blood types and address shortages of Type O blood, he said.

"The idea of converting blood types has been around for decades but no one has been able to make it efficient," said Kwan.

Through a technique called directed evolution, the team was able to create an enzyme that can effectively cut off the sugar molecules which differentiate Type A and B, making it safe to use on patients of any blood type.

If patients receive blood that carries different antigens than their own, Kwan said the immune system will recognize it as a foreign, invasive body and actively fight it.

That could lead to serious inflammation and even death.

Because Type O blood lacks the antigens found in A and B types, it can be used on patients regardless of their blood type, which is why it's referred to as the universal donor.

Type O is the go-to blood for doctors who have to perform life-saving blood transfusions when the patient's blood type is not known.

That means there's always a high demand for Type O blood, often outstripping supply.

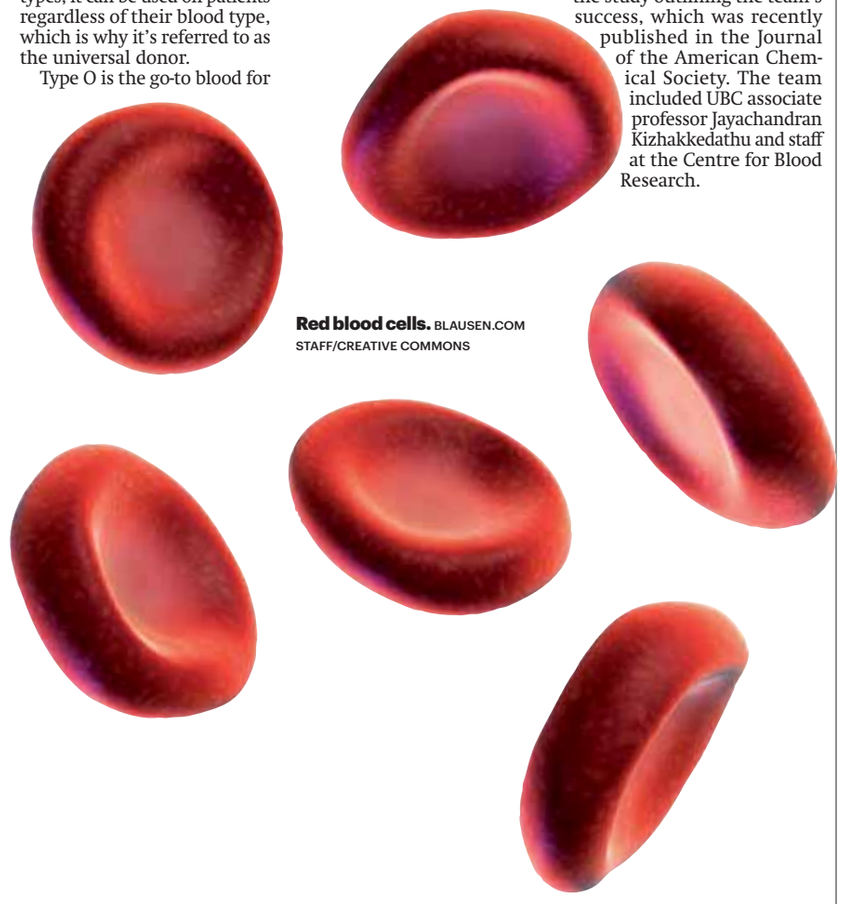
The enzyme developed at UBC is seen as the first step in finding an economically viable way of overcoming that obstacle.

"The big step here is that we've found a way to make these enzymes more powerful and potent," said Kwan.

Hypothetically, Kwan said the enzyme may one day be used in a clinical setting to quickly convert blood for patients in need. But he stressed that future is still some ways off.

Kwan is the lead author of the study outlining the team's success, which was recently published in the Journal of the American Chemical Society. The team included UBC associate professor Jayachandran Kizhakkedathu and staff at the Centre for Blood Research.

UBC chemist David Kwan. UBC/CONTRIBUTED



Red blood cells. BLAUSEN.COM STAFF/CREATIVE COMMONS

ACCUSED TERRORISTS

Laptops held extremist content

Laptops seized from a pair of accused B.C. terrorists held recordings of the Qur'an alongside extremist literature and concealed files with instructions on building and setting off bombs, a trial has heard.

On Wednesday, an RCMP forensic computer expert showed a jury the contents of two laptops taken from John Nuttall and Amanda Korody, hours after they allegedly dropped off homemade pressure-cooker explosives outside the provincial legislature in the early hours of Canada Day 2013.

On one of the computers, Cpl. Barry Salt logged into an account titled Mujahid — Arabic for holy warrior. The jury saw the home screen's black background was decorated with an Islamic creed written in flowing white script above the silhouette of an AK47 gun and the words "Support Our Troops."

Salt showed that the computer contained files ranging from Adolf Hitler's book "Mein Kampf" to various editions of the al-Qaeda magazine Inspire, as well as text documents titled The CIA's Book of Dirty Tricks, and The Satanic Bible.

At one point, Salt traced a hard-to-follow pathway of file folders to reveal a stash of links and text documents.

They included diary-like entries that described the writer's conversion to Islam, as well as a digital copy of "The Anarchist's Cookbook," a 1970s counterculture publication that includes a do-it-yourself guide on making and detonating explosives.

"Being that this was saved in quite an obscure path stands out to me as it may perhaps have been hidden or out of the easy-to-find realm," Salt told B.C. Supreme Court.

THE CANADIAN PRESS

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SCHOENBORN REVIEW

Child killer still a threat, hearing told

A hearing that was to focus on the limited release of a man who killed his children splintered into a verbal duel on Wednesday between a Crown lawyer and the head of British Columbia's psychiatric hospital.

Allan Schoenborn's annual review was dominated by a barrage of questions to medical director Dr. Johann Brink, sidelining whether the man who murdered his three children should be granted tightly controlled leave.

The hearing, meant to determine if Schoenborn should be granted escorted outings, was instead characterized by raised voices and several objections against Crown lawyer Wendy Dawson.

"I'd like to ... show that a more comprehensive risk assessment ought to have been done by this hospital," Dawson replied.

B.C. Review Board chairman Barry Long admonished Dawson for irrelevance repeatedly, and at one point said the proceeding was "going down the rabbit hole."

Dawson defended her position that the hospital has "insufficiently" assessed the threat that Schoenborn poses to public safety.

Earlier on Wednesday, the proceedings briefly heard from Schoenborn, 46, about his request and he declared it was his "right" not to answer questions.

Schoenborn has been waiting since February to learn whether he'll be allowed day passes into Coquitlam.

B.C.'s Criminal Justice Branch has said Dawson would be gathering updated information at the hearing about the man's mental condition, which it would use to decide whether to seek a new "high risk" designation in B.C. Supreme Court

Schoenborn was found not criminally responsible in the killings of his daughter and two sons on account of mental disorder.

THE CANADIAN PRESS

IN BRIEF

Police make arrests at marijuana store

Vancouver police have raided a marijuana store and arrested several staff members, just one day after city council voted to hold public consultations on regulating pot shops.

Police said an investigation into Weeds Glass and Gifts on the city's west side began in March after an alleged incident where a 15-year-old was hospitalized after buying edible products. Health Minister Rona Ambrose and Public Safety Minister Steven Blaney sent a letter to city council on Tuesday warning that storefronts selling the marijuana are illegal. THE CANADIAN PRESS

Coquitlam police seek driver in hit-and-run

Police are searching for a driver who struck a motorcyclist and then fled.

The collision happened at approximately 2:20 p.m. on April 20 at the intersection of Edgar Avenue and Guilby Street. Investigators believe the suspect vehicle crashed into the motorcycle with its front bumper, leaving the 54-year-old rider suffering from serious injuries. MATT KIELTYKA/METRO

A study from the University of Victoria suggests that people who are led to believe their peers have switched to sustainable transport, like carpooling or transit, are more likely to reduce their own driving. COURTESY DOWNTOWN VANCOUVER BUSINESS ASSOCIATION

Peers a driving force

COMMUTING

We'll take the bus if we think others are doing it: Study

Thandi Fletcher
Metro | Vancouver

Cities looking for innovative ways to get people out of their cars and onto the bus may want to consider this unusual strategy: peer pressure.

New research from the University of Victoria suggests that people who are led to believe their peers have switched to sustainable transport, like carpooling or transit, are more likely to reduce their own driving.

"The message is, 'We watch each other,' " said Christine Kormos, lead author of the study and a PhD candidate in the university's psychology department. "Even if we're not aware of it, we're acutely aware on an unconscious level of what other people are doing."

In the study, to be published in the June issue of psychology journal Environment and Behavior, researchers recruited 78 people who regularly commuted to the University of Victoria.

The study's participants were asked to keep a daily transportation journal over a month and keep track of the number of times they drove their own vehicle or opted for more sustainable transport, such as transit, carpool, rideshare, cycling or walking.

After a baseline week, participants were given information about alternative transportation modes and were asked to reduce their driving trips by 25 per cent over the next three weeks.

> **The message is, 'We watch each other.'**
> Christine Kormos

One group was given only information on alternative transport modes, while the second group was given a "low" peer-pressure message, telling them that "only" four per cent of people had switched from commuting to campus by car to taking the bus or carpooling instead since 1993.

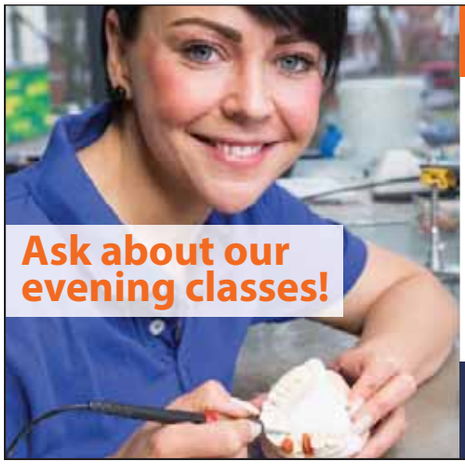
A third group received a "high" peer pressure message, with researchers telling them that 26 per cent of commuters had switched to more sustainable modes of transport.

The effect of peer pressure was clear: those in "high" peer pressure message group decreased their commute by car five times.

Researchers found a "significant difference" in people's willingness to change their commuting habits based on the influence of other people's behaviour. However, they only saw the difference in commuting behaviour — not in driving to social activities on weekends.

Kormos said she suspects the reason only commuting behaviour was significantly affected is because driving to work or school is so habitual.

"The irony here is although it's the hardest behaviour to change, once it is changed, then it can form into a new habit," she said. "If you manage to somehow change that commuting behaviour, then the new habit that gets formed is equally as entrenched as the initial habit."



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Moe Alameddine in his restaurant, DeaFined, in Kitsilano. The restaurant will be Vancouver's first eatery staffed entirely by deaf and hard-of-hearing servers. THANDI FLETCHER/METRO

Dining out with sign language

FOOD

New restaurant staffed by deaf and hard-of-hearing servers

Thandi Fletcher
Metro | Vancouver

A new Vancouver restaurant is encouraging diners to order with their hands.

DeaFined, opening May 7 on West 4th Avenue near Vine Street in Kitsilano, is staffed entirely by deaf and hard-of-hearing servers. Among the first of its kind in Canada, the Eastern Mediterranean restaurant asks customers to order food and drinks using American Sign Language.

For those who don't know how to sign, there's no need to fret.

"There's a cheat sheet on the table with the menu," said owner Moe Alameddine. "The server comes up to take the order, and the fun part starts there."

In the mood for steak? Grab the fleshy part of your left hand with the index finger and thumb of your right hand and wiggle it a bit as if getting a good grip on the meat. How about salad? Use both hands and picture yourself tossing some greens.

When customers arrive at the DeaFined, a hearing host or hostess greets them and acts as an interpreter while they introduce the server.

Alameddine came up with the idea after starting his popular blind-dining restaurant O.Noir in Montreal and Toronto and Dark Table in Vancouver, where guests dine in complete darkness while they are served by visually impaired staff. The concept aims to give customers a taste, albeit briefly, of what it's like to be blind.

> **The typical experience for a deaf person is hold your breath, point at the menu and hope the server gets the order right.**
> Susan Masters, Western Institute for the Deaf and Hard of Hearing

Although the business helped provide jobs for blind people, Alameddine said he realized a need for employment opportunities to benefit the deaf community.

According to 2006 data from Statistics Canada, people with "hearing limitations" represent an unemployment rate of 10.4 per cent. Over half say their condition affects their ability to look for work. For those who are completely deaf, the number is believed to be higher. A 1998 survey from the Canadian Association for the Deaf found that 37.5 per cent of deaf Canadians are unemployed.

Only two other North American establishments have a focus on hiring deaf staff: Signs Restaurant in Toronto and Mozzeria, a pizza restaurant in San Francisco.

Alameddine worked with Vancouver Community College's Job Readiness Program for Deaf and Hard of Hearing, YWCA WorkBC Employment Services and the Western Institute for the Deaf and Hard of Hearing to recruit staff.

Susan Masters, executive director of the Western Institute for the Deaf and Hard of Hearing, said she hopes the restaurant inspires other business owners to look into any underlying prejudices within their own hiring practices.

"The reason the unemployment figures are so abysmal is because people have not been willing to make the accommodation," she said. "This is an industry (in which) deaf people have not been able to get to the front of the house."

While the restaurant offers an opportunity to educate non-deaf people about the culture and sign language, Masters said, it also offers the deaf community a relaxing dining atmosphere.

"The typical experience for a deaf person is hold your breath, point at the menu and hope the server gets the order right," she said. "Now they'll go into the restaurant and it's their turf."

Since he came up with the concept, Alameddine said he has started learning sign language to communicate with his staff.

"It's a completely new community and culture to me," he said. "It's a challenge. It's not easy but it's a lot of fun. Every day I learn something new."

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Arts Club sets sights on new Heights

BACKSTAGE PASS

Musical about finding one's place in life has passionate cast

Graeme McRanor
Metro | Vancouver

New York's Washington Heights neighbourhood probably doesn't have much in common with Vancouver's south Granville Street. But for the next five weeks, they'll meet at the Arts Club Theatre's Stanley Stage for what's being billed as a universal story about finding one's place in life.

"Casting this show with Vancouver-based musical-theatre artists was a challenge considering not only the setting for the piece but also the demands on the type of music and lyrics that Lin-Manuel Miranda has written," said Arts Club artistic director and show director Bill Millerd.

"Along with musical director Ken Cormier and assistant director/choreographer Lisa Stevens, I'm excited about working with the multi-talented group we have assembled: their energy, enthusiasm and commitment to the material is what will make (it) a memorable experience for Vancouverites," Millerd said.

"The community that we have brought together here, on stage, is every bit as fiercely proud as the residents of Washington Heights."

In the Heights starts tonight (running until June 7) and stars Michael Antonakas, Kate Blackburn, Sharon Crandall, Michael Culp, Caleb Di Pomponio, Julio Fuentes, Julia Harnett, Elena Juatco, Irene Karas Loeper, Alexander MacLean, Caitriona Murphy, Luc Roderique, Chris Sams and Fransico Trujillo.

Tickets start at $29.

Find more information at artsclub.com.

Caleb Di Pomponio, left, and Julio Fuentes in the Arts Club production In the Heights. CONTRIBUTED

ELSEWHERE

If it ain't baroque ...
It's not every day you can say you're going to check out the world's foremost baroque violinist. Monica Huggett performs with Portland's Baroque Orchestra as part of Early Music Vancouver's Chan Centre Series tomorrow night (8 p.m.) at the Chan Centre for the Performing Arts at UBC. Tickets start at $16. More information at chancentre.com.

Casting a world-wide web
Some Assembly Theatre Company presents Webs We Weave, a new play by the Roundhouse youth Theatre Action Group Project, until May 2 at the Roundhouse Community Arts and Recreation Centre (181 Roundhouse Mews). Performances run today at 11 a.m. and 1:30 p.m. and tomorrow and Saturday at 7:30 p.m. Admission is free. More information at someassembly.ca.

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Citizenship gift bags 'odd': MP

CEREMONY

Adam Vaughan says 'product placement' not a sensible fit

Some got to go to an NHL game. Others got free coffee. Still more got maple syrup — or those most coveted gifts of all: pens, mugs and key chains.

The response that Citizenship and Immigration Canada provided to an inquiry by Toronto Liberal MP Adam Vaughan show the types of gifts handed out to newly minted Canadian citizens at their oath-taking ceremonies vary widely across the country.

"It's like the lottery. If your citizenship comes up during the hockey season, you might get free tickets. If it comes up in the summer, you might just get packed into a church basement. There doesn't seem to be any rhyme or reason to the largesse," Vaughan said Wednesday.

Vaughan told Torstar News Service that his query stemmed from his staff attending a citizenship ceremony held at the Air Canada Centre last year and noticing the new Canadians were receiving Maple Leafs jerseys and tickets to the game along with their right to get a passport and vote.

"It just seemed odd that it suddenly had this sort of gift-bag component to it — that the ceremony itself wasn't significant enough," said Vaughan.

"There are a lot of Tim Hortons (gift cards) and maple syrup," he said.

The response also included a list of third-party sponsors as well as locations outside government facilities where citizenship ceremonies took place, including many schools, parks, sports arenas, museums and a salmon festival in Richmond, B.C.

Adam Vaughan, a Liberal MP in Toronto, was surprised when he learned that new Canadians have been receiving gift bags at their citizenship ceremonies, including Maple Leafs jerseys and game tickets. GETTY IMAGES

> **It's like the lottery. If your citizenship comes up during the hockey season, you might get free tickets.**
> Adam Vaughan, Toronto Liberal MP

"It's a citizenship ceremony, and I think it should be a fairly solemn and momentous occasion in someone's life. It just seems strange that it has been reduced to a sort of photo op, a product-placement opportunity," said Vaughan.

Vaughan said he found it especially odd given the Conservative government has spoken about the importance of the moment when defending its decision to ban the wearing of the face-covering niqab while swearing the citizenship oath.

"You can't show your culture, but corporate culture can be rained down upon you. It's a very ambiguous set of messages that are sent," Vaughan said.

A spokesman for Citizenship and Immigration Minister Chris Alexander did not grant an interview to Torstar on Wednesday but emailed a statement saying the government wants to make ceremonies memorable.

TORSTAR NEWS SERVICE

EARTHQUAKE

Canadians flown out of Nepal

An RCAF plane carrying approximately 100 people who survived a massive earthquake in Nepal arrived in New Delhi late Wednesday, the Canadian government said.

On board the C-17 transport were both Canadians and people from other countries, while an additional 70 Canadians have since left Nepal on commercial flights, Foreign Affairs Minister Rob Nicholson said in a statement. The plane arrived in Kathmandu, the Nepalese capital, early Wednesday morning, carrying elements of the government's Disaster Assistance Response Team to assist in the crisis.

A second C-17 is also on the way, carrying 51 Canadian Forces members and supplies to be used by the response team in the aftermath of last weekend's quake.

The plane will then be used to get more people out of the country, the government says.

In 2013, more than 12,000 Canadians visited Nepal, according to that country's tourism agency, most for holidays or mountaineering expeditions.

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In this file photo taken Wednesday, Nigerian soldiers man a check point in Gwoza, Nigeria, a town newly liberated from Boko Haram. LEKAN OYEKANMI/THE ASSOCIATED PRESS FILE

NIGERIA

Rescued girls need psychological care

Some of the nearly 300 girls and women freed by Nigeria's military from the forest stronghold of Boko Haram were so transformed by their captivity that they opened fire on their rescuers, and experts said Wednesday they would need intensive psychological treatment.

The military was flying in medical and intelligence teams to evaluate the former captives, many of whom were severely traumatized, said army spokesman Col. Sani Usman.

He said earlier that none of the schoolgirls kidnapped from the northeastern town of Chibok a year ago appeared to be among the 200 girls and 93 women rescued Tuesday. But on Wednesday he said further screening was needed before their identities could be determined.

A counsellor who has treated other women freed from Boko Haram captivity said some had become indoctrinated into believing the group's Islamic extremist ideology, while others had established strong emotional attachments to militants they had been forced to marry.

THE ASSOCIATED PRESS

Aid reaches villages near quake centre

NEPAL

Long lines for buses out of Kathmandu

The first supplies of food aid began reaching remote, earthquake-shattered mountain villages in Nepal on Wednesday, while thousands clamoured to board buses out of Kathmandu, either to check on rural relatives or for fear of spending yet another night in the damaged capital.

Frustration over the slow delivery of humanitarian aid boiled over in a protest in the city, with about 200 people facing off with police and blocking traffic.

The protest was comparatively small and no demonstrators were detained. But it reflected growing anger over bottlenecks that delayed much-needed relief four days after the powerful earthquake that killed more than 5,000 people, injured twice that many and left tens of thousands homeless. Police, meanwhile, arrested dozens of people on suspicion of looting or causing panic by spreading rumours of another big quake.

Helicopters finally brought food, temporary shelter and other aid to hamlets north of Kathmandu in the mountainous Gorkha District near the epicentre of Saturday's 7.8-magnitude quake. Entire clusters of homes there were reduced to piles of stone and splintered wood. Women greeted the delivery with repeated cries of "We are hungry!"

While the death toll in the village of Gumda was low — five people were killed and 20 were injured among 1,300 residents — most had lost their homes and desperately needed temporary shelter. Adding to residents' misery was the rain that has fallen periodically since the quake and hampered helicopter aid flights.

The UN World Food Program warned that it will take time for food and other supplies to reach more remote communities that have been cut off by landslides.

"More helicopters, more personnel and certainly more relief supplies, including medical teams, shelter, tents, water and sanitation and food, are obviously needed," said the program's Geoff Pinnock.

THE ASSOCIATED PRESS

Volunteers carry bags of food supply from a cargo truck to an aid helicopter in Majuwa village, near the epicentre of Saturday's massive earthquake, in the Gorkha District of Nepal, Wednesday. THE ASSOCIATED PRESS

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Unequal pay 'pure scandal'

EMPLOYMENT

Pope blasts 'machismo' attitudes on family roles

Pope Francis added his voice Wednesday to the feminist anthem of equal pay for equal work, saying it's "pure scandal" that women earn less than men for doing the same job.

Francis also lambasted the attitude of those who blame the crisis in families on women getting out of the house to work. He said such attitudes are a form of "machismo" that shows how men "want to dominate women."

The Pope made the comments during his Wednesday general audience, which he has been devoting to different aspects of family life before a big meeting on family issues in October.

Francis said the "radical equality" that Christianity proposes between husband and wife must bear new fruit.

"We should support with decisiveness the right to equal pay for equal work," he said. "Why is it a given that women must earn less than men? No! They have the same rights. The disparity is pure scandal."

Francis has spoken out frequently about how the Catholic Church in general must give greater value to the "feminine genius" and has called for women to take on greater decision-making roles in the church, though he has ruled out women's ordination or having women head Vatican congregations.

Only about 18 per cent of Holy See employees are women, up from 17 per cent four years ago. Currently, only two women hold the rank of undersecretary in a Vatican department.

While speaking out about the need for a greater role for women in the church, the 78-year-old Argentine Jesuit has raised eyebrows with some seemingly tone-deaf comments. He has said Europe in many places resembles an "infertile" grandmother. He has urged nuns not to be "old maids." And he once welcomed new female members of the church's most prestigious theological commissions as "strawberries on the cake."

On Wednesday, he came to women's defence. He took the biblical Adam to task for having blamed Eve for having given him the forbidden apple. "It's always the women's fault," Francis said sarcastically. "Poor woman! We must defend women!"

THE ASSOCIATED PRESS

Pope Francis arrives for his weekly general audience in St. Peter's Square at the Vatican on Wednesday. Francis has recently been vocal about wage disparities between men and women for identical work. ALESSANDRA TARANTINO/THE ASSOCIATED PRESS

> **We should support with decisiveness the right to equal pay for equal work. Why is it a given that women must earn less than men?**
> Pope Francis

EQUALITY

Female faculty getting pay bump

Female faculty at McMaster University will be getting a raise after a two-year study showed differences in salary between the sexes at the Hamilton, Ont., school.

The analysis found that female faculty members earned, on average, $3,515 less than their male counterparts in 2012 and 2013 — even after adjustments were made based on seniority, tenure, faculty and age.

"We should have been addressing this, but the issue has come to the fore, we've addressed it, done the analysis and are making the adjustment," said David Wilkinson, the university's provost and academic vice-president.

The pay adjustment will be made on July 1.

The report also recommended updating the harassment policy, ensuring equitable hiring practices and leadership opportunities for women. THE CANADIAN PRESS

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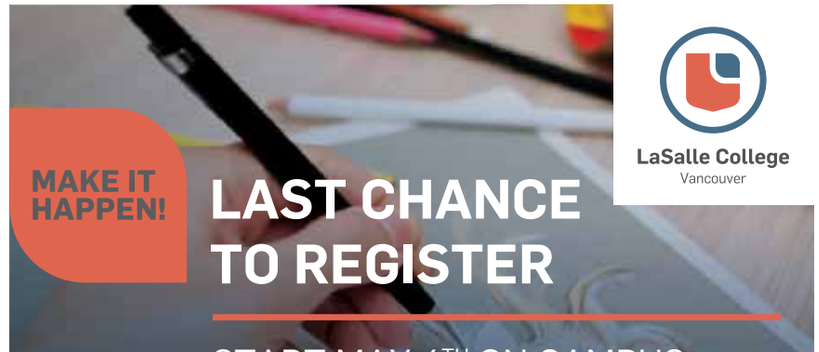

metro VIEWS
Your essential daily news
Thursday, April 30, 2015

NDP win in West won't bother PM

POLITICS
Chantal Hébert

One does not need to be a particularly astute parliamentary observer to notice the spring in the step of Stephen Harper's MPs these days.

In the wake of a federal budget that they believe will secure the continued allegiance of the voters that gave the party a majority four years ago, the ruling Conservatives are oozing renewed confidence in their re-election prospects.

By the same token, they seem to be taking in stride the unexpected turn of the Alberta election campaign and the possible demise of that province's Conservative dynasty.

It is not that the latest illustration of the time-tested notion that the electorate can undo the best-laid plans of over-confident politicians is not giving some government MPs pause.

Nor are Harper's Conservatives in collective denial over the possibility that the NDP could make a historical breakthrough in their party's heartland.

But federal Conservative discomfort over the Alberta campaign is offset by the fact that — regardless of the outcome of next week's vote — the dynamics that have turned the election into a three-way battle between the Wildrose, the NDPs and the Tories are not about to be replicated on the federal scene next fall.

What has propelled the Alberta New Democrats to a competitive position is a split on the right between two warring conservative factions, combined with the fact that NDP Leader Rachel Notley decisively dominates her non-conservative competition.

If the recipe sounds familiar, it is a variation on the formula that led to Jean Chrétien's three successive majority victories. The key ingredients at the federal level were the Reform/Tory schism and a federal NDP on its knees after a bruising experience in power in Ontario.

These days the shoe is on the other foot, with three national parties fighting for the territory to the left of a united Conservative party.

A fractured right in Alberta might not bode well for that unity when the time comes to choose a successor to Harper, but it is not a major impediment to the more immediate task of winning a fourth mandate.

Regardless of the ongoing tensions within the Conservative movement, the prime minister can reasonably expect all hands in Alberta to be on deck for his own re-election campaign next fall.

In another contrast with Alberta, the federal Liberals and New Democrats have in Justin Trudeau and Thomas Mulcair leaders with distinct but undeniable skills. That will make it hard for one party to crush the other on the way to uniting non-conservative voters against Harper in the fall.

If the recipe sounds familiar, it's a variation on the formula that led to Chretien's three successive majority victories.

If anything, the campaign developments in Alberta make that federal scenario even less likely.

The emergence of the NDP as a serious contender for government in Alberta reinforces Mulcair's hand at a crucial time in the pre-election calendar.

The Liberal strategy for the fall election is in no small part predicated on driving home the argument that only Trudeau has a fighting chance to beat Harper. With polls reporting a softening in Liberal support nationally, that narrative has taken a hit this spring.

The Alberta developments compound that hit. They go some way to counter the narrative that there is simply not a critical mass of voters outside Quebec willing to consider the NDP as a credible governing option.

There are some Conservative strategists who feel that anything that is good for the NDP — including a strong showing against Jim Prentice's Tories in Alberta — is also good for Harper. But that is true only up to a certain point.

Four years ago, fears of a surging NDP drove a contingent of Liberal sympathizers into the Conservative fold. Those voters contributed to making the difference between a minority and a majority Harper victory.

Since Trudeau became leader, many have returned home. The less they fear an NDP government, the less likely they are to jump ship to the Conservatives again.

Moreover, in at least some regions of the country, the wall that the Conservatives assume insulates their vote from NDP inroads may be less thick than they believe.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metro*view*

"How can women stay in a faith that demeans them?"

Feminist. Pro-choice. Pro-gay marriage. Catholic.

For this odd cocktail of beliefs, I've often called myself a "bad Catholic." I've sat uncomfortably in a no man's land between the sometimes discriminatory and tone-deaf doctrine of the church, and the faith that I cherish.

But the wonderfully bull-headed feminist activist American nuns and central characters of the new documentary Radical Grace have little time for shame. Their decades-long struggle to drag the Catholic Church into modernity is an act, in the words of Sister Christine Schenk, of "radical faithfulness."

The documentary, which had its world premiere at Hot Docs in Toronto on Tuesday, is a funny, fast-paced window into the battle between U.S. nuns and conservative elements of the Catholic Church over the past four years.

The nuns' aggressive politicking in support of President Barack Obama's Affordable Care Act — which covered family planning — has drawn the ire of U.S. bishops. In 2012, the Vatican condemned the nuns for "radical feminist themes incompatible with the Catholic faith." (If women's equality is "radical," Schenk quips in the film, "guilty as charged.")

The film asks how these women can stay in a faith that demeans their work and questions their spirituality. For that matter, how can I?

But we are far from alone. In the U.S., 60 per cent of Catholics support gay marriage, according to Pew Research polling from 2014. A 2013 Ipsos Reid survey found three-quarters of Canadian Catholics agree women should be ordained as priests, and even more said priests should be able to marry.

The late Sister Jean Hughes, an affable woman who worked with ex-convicts, wonders in the film if she's "propping up an organization that doesn't believe that same things I do."

Or maybe, as U.S. Bishop Thomas Paprocki, appointed by the Vatican to oversee the U.S. nuns, states in misogynistic arrogance, "The question is: Are you still religious? Are you still nuns?"

I put that question to Schenk, but she countered: "Who is drawing the lines?"

"Too many Catholics grew up handing over their own moral conscience decision-making to whatever the Father said," she told me. "That kept them infantile in their faith."

Even progressive Pope Francis — champion of the poor and a more open church — rejects women's ordination.

"He doesn't get it with women, still," Schenk said.

Her vision of the future of my faith is compelling, but the most profound gift of Radical Grace is not that. It's these women, their humour and compassion and their guts, corroborating the truth: I do, in fact, belong.

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metro LIFE

Your essential daily news

Sick beets, Kendrick! Lamar now has his own salad called Beets Don't Kale My Vibe

Her grandfather was a Nazi

GENEALOGY

New book tells of a woman's journey of self discovery

Emily Laurence
Metro | New York

Growing up in Germany, Jennifer Teege knew little about her biological family. Her adoption was open, so she knew the names of her mother and father, and was in sporadic contact with her mother and grandmother until she was seven. But she had little information beyond that.

It wasn't until decades later as an adult that she happened to pull a library book off the shelf, with a photo on the cover that looked vaguely familiar. The book's title, translated to English, was: I Have to Love My Father, Right?, and was written by her biological mother.

Upon realizing the book was about her family history, Teege also shockingly discovered that her grandfather was Amon Goeth, the Nazi commandant who was played by Ralph Fiennes in Schindler's List.

Metro spoke to Teege about her journey of self-discovery and writing her own recently released book, titled My Grandfather Would Have Shot Me.

Do you think growing up in an adoptive family made you more curious about your family history than you would have been otherwise?
I think in general, when you're adopted, there's a piece missing so you always want to find out more. In my case, I was so obviously (adopted) because of the colour of my skin; I looked different from my adoptive family. So there was a part of my identity that I needed to explore.

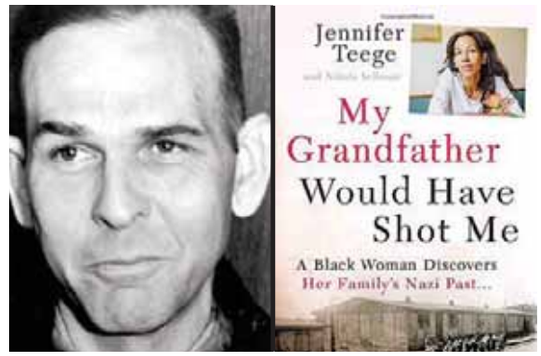
What was it like finding the book, when you discovered this big family secret?
It was a twofold shock. First, I had this book in my hand about my mother and I hadn't seen my mother in many, many years. Suddenly this book was telling (a story about) my mother I had no knowledge about. The second shock was actually reading the book and learning about her, my grandmother and my grandfather.

After finding the book, you started researching and even reconnected with your mother. What prompted you to keep digging?
That's my personality. It was impossible for me to stop. I think finding out the truth is something someone should do. If feelings come up, you can't just put them in a closet. It will haunt you or come back to you, like a boomerang.

What was it like reconnecting with your mother?
It took me a year and a half to actually contact my mother because in the very beginning I was angry. Not only did my mother never tell me that this book existed, I wasn't even in it. But over time, I realized my mother was like this because of her past and upbringing. My mother suffered from the past even more than me because my grandfather was her father. But I think it's important to acknowledge this feeling of anger because if you pretend it's not there, it will always come back.

Have you had any memorable responses to the book?
So many. It was important to me that the book was published in Israel and when that happened, people received me with open arms. I got a chance to meet with survivors (of the Holocaust) and that was a very important step in my journey. Also, the book is widely talked about in Germany, a place where the Holocaust is not widely discussed within the families. But I don't feel the need to connect to other descendants of perpetrators. Dealing with that is very individual. I don't let (my ancestry) define me. I can't deny it, but it's only one part.

Jennifer Teege, author of My Grandfather Would Have Shot Me, discovered she was the granddaughter of notorious Nazi commandant Amon Goeth. CONTRIBUTED



Amon Goeth, left, and the cover of Teege's book. CONTRIBUTED

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NO PRESSURE

Drew not having this baby weight nonsense

Two-time mom and longtime actress Drew Barrymore has had it up to here with the focus on how quickly new Hollywood moms can drop the old baby weight.

"It takes nine months to build, and it is going to take at least nine months to unbuild. It took a year for me to snap back, and I am not even there yet," she tells Radar Online. "These pressures are just silly and ridiculous. It think it is just crazy to worry about that."

So, you know, stop making everybody look bad, Blake Lively and Zoe Saldana. Sheesh.

NED EHRBAR/METRO

SEQUEL

Bieber hones his Blue Steel for Zoolander 2

Ben Stiller confirmed a big cameo on Instagram. CONTRIBUTED

I was really getting excited about the upcoming Zoolander sequel, but now? I don't know. Ben Stiller confirmed via an Instagram pose-off that Justin Bieber will be making a cameo in the film.

And while no details were provided about his character, I can't help but notice a striking resemblance between the two. And, you know, Derek Zoolander did have an infant son at the end of the first film — one with some Blue Steel talents of his own. Bieber could totally pass for 15, right? Except that role is already taken by actual teenager Cyrus Arnold. So maybe Papa Zoolander has another, slightly older son he wasn't previously aware of?

NED EHRBAR/METRO

The truth is still out there, somewhere in Vancouver

From left, David Duchovny, Gillian Anderson and director Chris Carter in B.C. in 2008. CONTRIBUTED

SERIES RETURN

At VIFF, creator Chris Carter divulges new X-Files details

X-Files creator Chris Carter returns to Vancouver to shoot a new batch of his sci-fi tales, picking up eight years after we last saw paranormal experts Fox Mulder and Dana Scully.

In addition to stars David Duchovny and Gillian Anderson, Carter says fans can expect Mitch Pileggi to return as Walter Skinner and William B. Davis as The Smoking Man, even though that character was killed off.

"As we say in The X-Files, even though you're dead, you're never really dead," says Carter, adding there's "a big chance" the Lone Gunmen will also return. Carter was at a Vancouver International Film Festival industry reception Wednesday in honour of National Canadian Film Day. He talked about how things will play out in the new episodes.

What will we see in these six new episodes? Are they standalone or serialized?

You really get what you have come to expect with The X-Files, which is a combination of the ongoing Mulder and Scully conspiracy saga, relationship and standalone episodes that will come interspersed. That said, it will all be of a piece, meaning that it won't feel disconnected. It'll all feel as if it's taking place in what I would call television "real time."

What is their relationship?

As we saw in the second movie they were together, not married. Living together. But when we come back we will find that relationship is not where we left it.

Fans still haven't gotten a proper love scene. Mulder and Scully had a child together, so why was their relationship never explicitly consummated?

It was part of the mystery of The X-Files. That relationship was kind of mysterious. Did they get together? Didn't they get together? If they've got a child together, when did they get together? These are questions that we will deal with and answer in good time.

How have they changed?

They've grown up. They've matured, their sensibilities have matured, their relationship has matured and evolved.

You know during the course of the show, Scully the skeptic actually became the believer and Mulder the believer actually became the skeptic and then that switched back. So there have been many changes. ... These characters who are true to themselves have gone through many changes...

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METRO SPACES

Feel the vitality on Cambie

Warm weather is officially here and Vancouverites are out in full force, making art, working out, shopping and socializing. In the Cambie Village, the buzz is palpable.

The emerging hub on Cambie Street between 2nd and 25th avenues is humming with activity all year, with shops, restaurants and services imbuing the area with colour and character, but in the summer it really opens up, says Anthony Hepworth, president and CEO of Pennyfarthing Homes.

Poised just off the Cambie bustle near Cambie and King Edward, Bennington House is a new home development with perfect access to Cambie Village for anyone looking for a great place to eat, walk and meet friends.

CONTRIBUTED

"You can feel the vitality here," Hepworth says. "The Cambie Village is such a rich collection of people and places, and we wanted our residents to be able to be a part of that. The area is growing and becoming an even more coveted neighbourhood than it already was."

A major reason for the upsurge in interest is the Cambie Corridor's proximity to the Canada Line SkyTrain. Olympic Village Station, Broadway City Hall Station and King Edward Station are interspersed along Cambie, making transportation a cinch. Get downtown from Bennington in 10 minutes and to the airport in 15.

"The accessibility is incredible," Hepworth says.

Homes at Bennington House are a beautifully appointed place to make your own personal retreat.

Buyers can select from one of two interior design colour schemes by Cristina Oberti Interior Design, and the homes are flooded with light, thanks to the expansive windows and lofty ceilings and spectacular views.

The kitchens at Bennington are warm and polished, marrying natural textures with refined, soft-close cabinetry and stainless steel integrated Bosch appliances.

The luxurious shower and bathtub with Grohe Concetto fixtures provide a perfect beginning or end to each day.

Outdoors, the homes include private, paved courtyard patios or generous balconies for outside entertaining.

The four-storey, wood frame development offers 36 apartments, from studios to three bedrooms, and six two- and three-bedroom townhomes. Sales begin Thursday, and the grand opening is May 30.

Bennington House will be located at 4080 Yukon St., just one block from King Edward SkyTrain Station. The presentation centre is located at 3373 Cambie St. For more information, visit BenningtonHouse.ca.

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EVOLVE DELIVERS AFFORDABILITY

The future of condos in Vancouver is in Surrey. Since its sales launch earlier this month, buyers have been flocking to Evolve, Canada's best-valued concrete tower.

With the price of Vancouver's home ownership skyrocketing to the second most unaffordable city in the world, it's time to think differently. It's time to look at alternatives and that's exactly what you will find at Evolve. Clean, modern design, bright interiors, sleek fixtures, with features that allow residents to live easily and well — all at the right price.

That's what Evolve was designed to deliver.

It starts with the solid, concrete construction, which provides excellent heat and sound insulation with prices for concrete tower homes at a lower price point than a wood frame.

Studios, one bedroom, two bedroom and two plus dens are available at Evolve, as well as townhome lofts and penthouses.

The minimalist finishes, like contemporary polished chrome hardware, leave room for residents to express themselves. Buyers have their choice of two interior design colour palettes in contemporary light or dramatic dark neutrals, whichever best complements their style.

Easy-to-maintain laminate wood grain flooring fills the entry, bedroom, den, dining and living areas. They are so sleek and convenient that homeowners won't have to give it a thought.

Space and light are two major requirements for a modern home. The 8.5-foot ceilings throughout give all areas of your home an open and spacious feeling, lit up by the plentiful natural light from Evolve's large windows.

CONTRIBUTED

Spacious balconies give residents lots of room for barbecuing, entertaining, or simply sitting with coffee and the newspaper on a lazy Sunday morning.

Kitchens define modern luxury with their soft-close hardware, stainless steel undermount sinks, quartz countertop and backsplash, and quality stainless steel appliances by GE.

Lifestyle is part of a modern home, too. Residents at Evolve can work out at the fully equipped gym and fitness room. Bring your friends to the theatre and multimedia room, or cook together in the social room with its fully-equipped kitchen.

Enjoy the view on the sky patio, cook for friends in the sky lounge, or walk the scenic garden paths around the development.

For more, visit evolvecondos.com.

Live, work in the heart of downtown

Just as the modern homebuyer has evolved, so has downtown Surrey.

Thanks to more than $7 billion in public and private funds invested in Surrey's city centre over the last eight years, the city is now one of the top places in Canada to invest in real estate.

Surrey-based jobs are booming, creating a strong market for rental condos, and a strong argument for living close to where you work. More than 1,000 new residents move to Surrey each month.

In Surrey's city centre, residents can afford to live and work in the heart of downtown, and the city's new Civic Centre is making it one of the most beautiful cities to own a home in, with endless things to do.

Near Evolve, the SkyTrain, the Bing-Thom-designed flagship library, civic plaza, new city hall, the performing arts centre, are welcoming, progressive and vibrant. It's the hub of the city's best shopping and entertainment.

It's apparent that B.C.'s second largest city values its arts and education. At Central City, a stunning modern glass mixed-use building beside Surrey Central SkyTrain Station, Evolve residents can access offices, a shopping centre, Simon Fraser University's Surrey campus, an Arts Umbrella satellite location, recreational facilities, and 45 hectares of parkland — all within a short walk from home.

CONTRIBUTED

Located on 104 Ave. near University Drive in Surrey, in the neighbourhood known as West Village, Evolve is one of six Surrey city centre condominium towers and more than 2,800 new homes being planned by WestStone Group.

Envisioned to accommodate more than 100,000 square feet of office and retail space, West Village will include everything from a green grocer, to cafés, to an eclectic selection of shops and services.

Affordable luxury and convenience converge at Evolve condominiums in West Village.

THE CONDO TECH EVOLUTION

Do you want to see Evolve? Look no further than your phone. Curious homebuyers can visualize a whole new world of condominium living in the heart of Surrey city centre on the free Evolve 3D app, available on iTunes and Google Play with the Evolve brochure.

Pick up your brochure at the Evolve presentation centre and check out the state-of-the-art technology while you are there. Experience augmented reality homebuying — a new technology designed to give prospective buyers an experience of Evolve that goes beyond paper models and pictures.

Visit the Evolve sales centre at 13328 104 Ave., in Surrey, which is open everyday from noon to 5 p.m., except Fridays.

GET A CAR IN YOUR STALL
OR
CASH IN YOUR LOCKER!

evolve
condominiums

Every home at Evolve comes with
a storage locker AND a parking stall.

**NOW FOR THE
NEXT 20 BUYERS...**

We'll include a CAR in your parking
stall or fill your storage locker with CASH!

COME SEE WHY EVOLVE IS CANADA'S
FASTEST SELLING CONDO DEVELOPMENT.

OPEN NOON TO 5PM
CLOSED FRIDAYS
13328 - 104 Ave. Surrey

The developer reserves the right to make modifications to the information contained herein. Promotions, prices and availability subject to change without notice. Certain conditions apply. See a Sales Representative for details. Illustration reflects the artist's interpretation of the project and does not take into account the neighbouring buildings, physical structures, streets and landscape and, when built, may be noticeably different than what is depicted. Promotions and unit starting prices and availability are subject to change without prior notification. E & O.E.

WESTSTONE GROUP

604 497 0102 | evolvecondos.com

PLATINUM PROJECT MARKETING

CONTRIBUTED

PRIME ON THE PLAZA IN SURREY

High design doesn't need to cost a fortune. At Prime, a new collection of 372 homes on Surrey Civic Plaza in the centre of the city, micro condo living is beautiful and affordable.

Designed by Bingham+Hill Architects, the homes at Prime come in a range of accessible sizes and prices for every buyer: Micro lofts start at $139,900; two-bedroom micro lofts start from $189,900; and two-bedroom corner suites start from $329,900.

Prime isn't just a name. It's a value that extends into every detail at the development. Homes offer a prime array of interiors, fixtures and finishes to which residents will enjoy coming home.

The kitchens feature warm, oak-finish cabinetry, integrated appliances and custom-designed storage millwork. Polished composite stone countertops, a stainless steel under-mount sink, European style fixtures and wide-plank, real wood engineered floors lend sophistication to the homes.

Thoughtful design elements economize space, allowing residents to keep their belongings neatly organized. The micro loft unites at Prime include built-in LED lighting, and a custom wall bed and dining unit, which converts depending on your needs.

The open-plan living area includes a flat-screen TV, which comes with the micro units.

Bathrooms are clean, bright and inviting with marble floor tile and ceramic wall tile, polished composite stone countertops, under-mount glazed porcelain sinks, European-styled polished chrome faucets, and a frameless glass shower enclosure.

Residents will love the amenity spaces at Prime, including multiple outdoor terraces and a rooftop garden with kitchen — perfect for a barbecue with friends or neighbours.

Solid concrete construction keeps out noise and imbues the homes with a sense of security. The homes come in many sizes, compact to expansive, including micro loft, micro-one, micro-two, two- and three-bedroom homes.

The Prime presentation centre is located at 102-10362 King George Blvd., in Surrey, and will be holding its first public event May 9. Register online at liveprime.ca to receive more information.

Comprehensive unit mixes provide options

Now is the time to invest in micro suites, and Surrey is an up-and-coming hub for real estate investment in Greater Vancouver.

Built by an award-winning developer, Prime has the most comprehensive collection of premium amenities and the best location on the Surrey Civic Plaza.

Prime is poised to become the top real estate offering in downtown Surrey, says Jon Stovell, president of Reliance Properties, one of the developers of Prime. Stovell has been featured on CNN and been asked to speak in Manhattan as an expert on micro lofts.

"We believe Prime will sell out quickly," Stovell says. "We have the best location on the Surrey Civic Plaza, and the area has the fastest growing professional population in the Lower Mainland."

The homes' advantages don't hurt either, he says.

"Homes at Prime will have a comprehensive unit mix with highly efficient floor plans, premium fixtures and finishes, innovative interiors and an unmatched amenity package.

"We have an award-winning development team working on this project. Prime is an unequivocally great investment."

Prime is a project by partners Reliance Properties and Macdonald Development Corporation.

For more than 50 years, Reliance Properties has leased and managed commercial and residential real estate throughout Metro Vancouver. The company has built an impressive track record that includes the award-winning Burns Block micro lofts, and the upcoming Burrard Place, a mixed-use development in downtown Vancouver that features a signature 54-storey tower and more than one million square feet of residential and commercial space.

Macdonald Development Corporation is a family-owned real estate development company based in Vancouver. Over its 30-year history, the company has developed more than 4,000 high-quality homes and more than 8,000 suites in major cities including Vancouver.

"I'm proud to be working with a stellar team on this project," Stovell says.

"It's a landmark home development for the city of Surrey."

CONTRIBUTED

AT THE CENTRE OF IT ALL

Prime is at the centre of one of the best locations in downtown Surrey, nearly a minute from both SFU and the Surrey Central Skytrain Station.

The 37-storey development, located at 103 Ave. and University Drive, will be situated directly across from the newly developed Surrey Civic Plaza, adjacent to the beautiful new Surrey City Hall, public library and numerous shops, services and eateries, as well as Simon Fraser University's Surrey campus.

It's no wonder Prime has an outstanding walk score of 88.

Within the development, Prime residents have exclusive access to a fully equipped gym, a wellness yoga studio, massage room, sauna and steam room.

When you are working, studying or entertaining, head to the fully equipped business centre, one of the music and study rooms or an entertainment room with kitchen.

Prime's outdoor spaces are the perfect place to get some fresh air. The spectacular podium rooftop garden has stunning 360-degree views, and the development's expansive rooftop patio features a full kitchen, large dining room, cocktail lounge, an outdoor barbecue area, and a landscaped garden and open terrace.

THIS APRIL IS TIME FOR PRIME

BECOME A PRIME VIP
REGISTER FOR YOUR EXCLUSIVE PREVIEW!

LIVE ON THE PLAZA IN **DOWNTOWN SURREY**

100 HOMES *under* **$169,900**
200 HOMES *under* **$199,900**

Register now for an **advance April preview** and discover why the *award-winning* Prime development team has been recognized from Vancouver to New York City for creating the most modern, efficient homes, with the highest quality fixtures, finishes and amenities – *and at Prime it starts at an unbeatable $139,900.*

THIS IS NOT AN OFFERING FOR SALE. ANY SUCH OFFERING CAN ONLY BE MADE BY WAY OF DISCLOSURE STATEMENT. E & O.E.

MACDONALD DEVELOPMENT CORPORATION
RELIANCE PROPERTIES
MARKETING BY magnum projects ltd
liveprime.ca
PRIME on the plaza

Riverside living in Vancouver

Modern, apartment homes at Rhythm

A home should be a refuge from stress and worry — quiet, comfortable, esthetically pleasing, and easy to use.

The modern apartment homes at Rhythm, Polygon's newest community at Vancouver's up-and-coming River District, were designed to be your solace.

The beautiful, modern one- and two-bedroom homes are an ideal place to unwind.

Rhythm features modern, West Coast architectural elements including coloured metal panels, steel accents, glass and aluminum railings, and stone cladding.

Interiors impress with rich, wood-style laminate, two-designer colour schemes, and overheight ceilings in the living areas of most homes. Kitchens feature premium engineered stone countertops and marble tile backsplash, alongside premium stainless steel KitchenAid appliances.

Rhythm makes household recycling easy. Every home comes with a built-in roll-out recycling bin station for organizing recyclables.

Relax in the ensuite with its sleek marble countertop, floating vanity mirror, and contemporary soaker tub.

Rhythm was built to be green from the ground up and the community boasts a long list of green features that will give buyers peace of mind, with the added benefit of reduced energy bills.

CONTRIBUTED

Hot water and heat is supplied by a local District Energy Utility, which uses the thermal energy from the building's waste water for space heating in the district. It heats Rhythm through the homes' hydronic (water-based) slimline baseboard heating system.

Amenities were designed to provide residents with the conveniences they are looking for, all within the community's exclusive, residents-only Rhythm Club. Get your regular workout in at the fully equipped fitness studio. Relax, meet your neighbours or hold your own private gathering at the residents' lounge.

Kids have lots of places to play, too. Rhythm's centrally located courtyard features a children's play area with seating where parents can catch up with a coffee, surrounded by soothing water features.

A bicycle repair room and dog wash station are some other conveniences of which Rhythm residents can take advantage.

For more information, visit polyhomes.com.

UP-AND-COMING COMMUNITY

The River District is an up-and-coming community in south Vancouver on the Fraser River, and is home to Rhythm, Polygon's boutique collection of one- and two-bedroom concrete residences.

"At River District we're able to provide incredible value for our buyers," says Waylin Cheng, sales manager at Rhythm. "It's turned into a self-sufficient community right on the water, with amazing accessibility to every urban amenity, with even more on the way."

Homes at Rhythm are priced from just $294,900 for a one bedroom. Two-bedroom, 900-square-foot homes are priced from $409,900. All homes feature sleek designer finishings, brand-name kitchen appliances and spa-inspired bathrooms.

"Many of our buyers are young professionals who are looking for a place that's easily accessible for work, but also has an immediate sense of culture, community and nature when they step out their door," Waylin says. "This place has a great energy."

To see these impressive homes for yourself, visit the Rhythm sales centre at 3202 Riverwalk Ave., in Vancouver, just off of Marine Way and Kinross Street. The sales centre is open from noon to 6 p.m., except Friday.

FIND YOUR PERFECT RHYTHM

There is a new neighbourhood in Vancouver that unites the electric energy of urban living with soothing natural beauty.

The River District is centrally situated in Greater Vancouver, just a few minutes from Richmond and Metrotown, and a 20-minute drive from downtown Vancouver.

Covering 130 acres, the River District will include shops, restaurants, schools, daycares, parks, a community centre and more. Designed by a world-class team of planners, architects and engineers, this master-planned community will offer a new way to live, work and play in Vancouver.

"The River District is an awesome place to visit and live, especially in the summer," says Waylin Cheng, sales manager at Rhythm. "There are walkable trails, the pier, markets, and daily events at the River District Centre. There's so much planned for this area that it's really becoming a self-sufficient neighbourhood. Four hundred homes have already been built here in the past three years alone."

A few minutes from Burnaby's Metrotown, and just across the bridge from Richmond, the River District neighbourhood is ideally situated in south Vancouver with views of the Fraser River.

The lifestyle at the River District is one of the many things that sets it apart. When you are living at Rhythm in the River District, it will be easy to stay fit. Run around the Riverfront Park or hike through one of the many paths and trails along Everett Crowley Park, located within walking distance from your door.

Golf lovers will enjoy a round at the Fraserview Golf Course, or hone your swing at the driving range.

River District's future sports fields are perfect for pick-up soccer games, which will be a frequent sight on sunny weekend mornings at Rhythm. Or stroll to the community's central village, where neighbours can meet at the local grocer, shops and cafés.

Shopping is convenient at the nearby Marine Way Market, which includes a London Drugs, Canadian Tire, and Cactus Club Café.

New schools are planned for the centre of the neighbourhood, complete with outdoor space and playgrounds.

CONTRIBUTED PHOTOS

UNPARALLELED VALUE IN VANCOUVER

Discover the incredible value of Rhythm, Polygon's boutique collection of one and two-bedroom concrete residences at Vancouver's River District. Enjoy a central location, easy access to urban amenities and superbly appointed interiors – all for a price you'll love.

HOME	TYPE	APPROX. SQ.FT.	VIEW	PRICE	PRICE SQ.FT.
306	2 Bedroom	901	W	$409,900	$455
509	1 Bedroom	620	N	$294,900	$475
602	2 Bedroom View	1,016	SE	$579,900	$571
606	2 Bedroom	901	W	$424,900	$471
701	2 Bedroom	918	E	$459,900	$501
908	2 Bedroom Corner	973	NW	$479,900	$493
1007	2 Bedroom	895	W	$459,900	$513
1201	2 Bedroom Penthouse	918	E	$529,900	$577

Prices subject to change without notice.

RHYTHM
AT RIVER DISTRICT

3202 Riverwalk Avenue, Vancouver
Open Noon to 6pm daily (except Friday)
604.437.5315 rhythm@polyhomes.com

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STYLISH EXTERIORS, STUNNING INTERIORS

HYCROFT SELLING IN SOUTH SURREY

CONTRIBUTED

Walk into the display home for Hycroft, a collection of freehold row homes in south Surrey, and you will feel like you stepped into a design magazine.

"Whether or not you are an interior design aficionado, you're going to love how our show home looks and feels," says Vanessa Isler, sales and marketing manager of StreetSide Developments.

The display home opened March 28 to a very positive reception, she says.

Hycroft is a collection of 65, four-bedroom row homes that is selling in the desirable neighbourhood of Grandview Heights in south Surrey.

The meticulously crafted, 2,200-plus-square-foot row homes start at $566,900.

"We have all the bells and whistles you're going to want in the ideal home, inside and out," Isler says. "It's almost like something you'd see on Pinterest — beautiful colour scheme and finishes, well-organized and thoughtfully laid out."

When visitors come to visit the show home, the first thing they will notice is the home's classic facades with their arts and crafts architecture by Robert Ciccozzi. The stylish exteriors feature stylish brick and dramatic roofs.

Durability and quality are obvious throughout the construction. The tasteful, durable exteriors are finished with Hardiplank siding and shingles in earth tones designed to reflect nature.

Inside the show home, which features the light colour scheme with marble accents, the finishes are high quality and the craftsmanship is visible in the details.

An open living area and expansive windows brighten every room with natural light. Rooms are conveniently laid out, with a powder room on the main floor, and a family room off the kitchen.

"We've had a really great response so far," Isler says. "People have been loving the level of finish that we provide in these homes. There really is nothing to upgrade."

The meticulous attention to detail can be seen in the matching marble mosaic tile on the kitchen backsplash and around the gas fireplace.

Kitchens feature high-end stainless steel Jenn-Air appliances, solid quartz slab countertops, and custom Shaker-style cabinetry.

Ensuites are deluxe, with Carrera marble accents, Grohe rain showerheads and luxurious Nu-Heat in-floor heating.

A finished basement and detached garage give each home the extra storage and living space you will need for all your hobbies and projects. The homes' walkout patios and private, professionally landscaped yards provide a feeling of space while maintaining a sense of privacy.

These freehold, non-strata row homes give buyers all the advantages of a single-family home for the price of a large townhome in the area.

"This is a rare opportunity to live the dream without compromising your lifestyle or budget," Isler says.

Phase 1 and 2 are almost sold out and Phase 3 is now available for sale.

HIGHLIGHTS

NUMBER OF HOMES: 65
STYLE: Freehold row homes
NUMBER OF BEDROOMS: Four
SQUARE FOOTAGE: 2,200-plus square feet
TYPE OF OWNERSHIP: Freehold — non-strata
SHOPPING: More than 130 shops and services five minutes away
GREEN SPACE: Close to parks, beaches, nature trails and golf courses
DEVELOPER: Created by StreetSide Developments, part of Qualico®, the largest integrated real estate company in Western Canada, with more than 60 years of history
WEBSITE: hycroftrowhomes.com
SALES CENTRE LOCATION: 16467 24 Ave., Surrey
PHONE: 604-541-2495

CONTRIBUTED PHOTOS

Residents can enjoy all the luxuries of convenience

One of the true luxuries of a home is a neighbourhood where everything is at your fingertips.

Hycroft, a collection of freehold row homes in the leafy Grandview Heights neighbourhood of south Surrey, gives residents the luxury of convenience.

For community sports, arts and recreation activities, there is always something going on at the nearby recreation facilities. Kensington Prairie Community Centre is one great recreation option, located just down the street from Hycroft. Or walk to the impressive new Grandview Heights Aquatic Centre. Scheduled to open in the fall, this state-of-the-art facility will encompass an Olympic-size competition pool, as well as a waterslide, lifestyle pool, fitness gym, weight room, and much more.

Kids will have a blast making art — visual art, music, dance, theatre — at Arts Umbrella, located five minutes away. The centre is renowned in the Lower Mainland for its rich arts programming for young people.

Green surroundings are a given at Hycroft. The gorgeous green space will rarely be out of sight. There are more than 130 hectares of tranquil forest and walking trails at Sunnyside Acres, plus two popular beaches — Crescent Beach and White Rock Beach — all in the surrounding area.

Golf enthusiasts will love having four courses nearby, ranging from Nico-Wynd to the spectacular Morgan Creek Golf Course, ranked one of the top courses in B.C.

The location also offers buyers the luxury of choice in shopping, services and entertainment. Morgan Crossing and Grandview Corners offer more than 130 shops and services, just five minutes away. Meet up with a friend at a local neighbourhood café, restaurant, pub or movie theatre — it's all nearby.

Several public and private elementary schools are both within walking distance.

Direct access to major transit routes, including Highway 99 and 24th Avenue, makes your work commute easy. For those who like to shop and vacation in the United States, the border is just 10 minutes away.

HYCROFT

ROWHOMES BY STREETSIDE

PHASE 3 SELLING

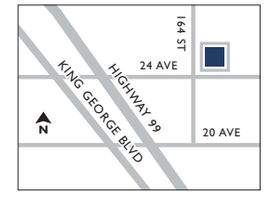
QUALITY IN EVERY DETAIL

- Beautifully crafted 2200+ SF 4 bedroom rowhomes
- Freehold ownership – no strata fees
- Located in the desirable Grandview Heights neighbourhood
- Over 130 shops and services 5 minutes away
- Close to parks, beaches, nature trails & golf courses

Everything about Hycroft is exceptional, from the well-thought-out floorplans to the exquisite interior finishes. Situated in South Surrey, these freehold, non-strata rowhomes give you all the advantages of a single-family home – including walkout patios, fenced yards, finished basements and a detached garage – for the price of a townhome. This is a rare opportunity to live the dream without compromising your lifestyle or budget. Don't miss out.

PRICED FROM $566,900

PHASE 3 NOW AVAILABLE!



STREETSIDE DEVELOPMENTS

A QUALICO® Company

16467 24 Avenue Surrey BC V3S 0C4

604 541 2495 hycroftrowhomes.com

Any prices exclude taxes. StreetSide Developments reserves the right to make modifications and changes to the building designs, specifications and features should they become necessary. Floor plans, elevations, room sizes and square footages are based on preliminary architectural drawings and may vary from the actual built home. E.&O.E.

Rich, sophisticated and modern

West Five features vibrancy and leisure

This spring, a new kind of blossom is budding in Vancouver. Rich, sophisticated and modern, West Five is a new collection of homes based on Burrard and 5th Avenue.

The development will be holding its grand opening at the height of spring.

West Five will be a hub of urban sophistication in Kitsilano, says Tim Orr of Orr Development.

"The homes at West Five are modern, and they demonstrate the value of quality and craftsmanship," Orr says. "That attention to detail is what residents can come to expect at West Five."

West Five is a boutique, concrete low-rise community located in the heart of Vancouver's west side, positioned in a neighbourhood known for its blend of vibrancy and leisure.

Homes at West Five will feature studio, one-, two-, and three-bedroom residences ranging from 432 to 1,946 square feet and priced from the low $300,000s.

Interiors are elegant, minimal and high end.

"Today's homebuyers want distinctive home design," Orr says. "That's what we sought to provide our buyers at West Five, with high-quality materials with flawless construction and finishing."

The design, a Canadian West Coast modern style, draws inspiration from the clean lines and appreciation for utility of Scandinavian design, plus the West Coast modern, natural materials of wood, marble and steel.

The understated elegance comes through in the neutral palette with warm wood and striking marble, creating spaces that are bright and flawless.

CONTRIBUTED

With thoughtfully curated textures and patterns, a rare calibre of design exists at West Five.

The 24 residences at West Five are classic and beautiful in their simplicity, but also inviting thanks to their warm and textured finishes.

The chef's kitchen was designed to deliver the high level of performance a professional chef would demand. Its stainless steel appliance package includes a Fhiaba refrigerator with custom cabinet door panels, interior icemaker, and bottom freezerm and a Wolf gas range with professional Faber pullout hood fan.

Kohler stainless steel undermount sinks, and Caesarstone countertops in Sleek Concrete or Blizzard complement an impressive Calacutta marble backsplash, all highlighted by under-cabinet LED task lighting.

Bathrooms at West Five are just as modish, with fixtures, toilet and undermount sinks by Kohler, marble countertops, deep soaker tubs, porcelain floor tiles and a seamless glass shower enclosure with stunning marble hexagon mosaic floor tile.

NuHeat under-floor heating ensures you are always comfortable and the Wi-Fi enabled thermostats allow you to control your environmental temperature with precision.

Urbanites are accustomed to living minimally, Orr says, but they know where space and quality count. Homes at West Five have a full-sized washer-dryer set, a 30-inch fridge, and ample storage space.

West Five opens its doors to the public officially Saturday and Sunday for its grand opening event.

In advance to the opening, interested parties can contact the sales team at 604-715-6060 or info@westfiveliving.com for private previewing opportunities.

For more, visit westfiveliving.com.

THE ESSENTIALS

LOCATION: 1819 West 5th Ave., Vancouver
PROJECT SIZE: 24 concrete apartments
HOME SIZES: Apartments are 432 to 1,946 square feet, and range from studio plus flex homes to three-bedroom plus den
PRICES: Starting from the low $300,000s
DEVELOPER: Orr Developments
PRESENTATION CENTRE: 1817 West 5th Ave.
HOURS: Daily noon to 5 p.m., closed Fridays
GRAND OPENING: Saturday
CONTACT: 604-715-6060 or info@westfiveliving.com
WEBSITE: westfiveliving.com
OCCUPANCY: Spring 2017

PAYING HOMAGE TO THE OUTDOORS

The architecture of the building you live in helps represent who you are.

At West Five, a new condo development at Burrard and West 5th in Vancouver, the architecture honours Kitsilano's love of the outdoors.

Designed by Yamamoto Architecture, West Five is a unique solution to the mixed-use residential building.

The abundant outdoor balcony spaces are integrated into the form of the building and appear as outdoor rooms — extensions of the interior space.

The striking exterior of West Five is a unique addition to the Burrard Street corridor, adding an urban edge to relaxed Kitsilano.

"Vancouver and particularly Kitsilano, where West Five is located, is a very outdoors-oriented place," says Tim Orr of Orr Development. "Due to the unique design we were able to maximize the outdoor living spaces for each unit."

Exclusive rooftop decks for penthouse-level residences enjoy sweeping mountain, water and city views.

For more than 25 years, award-winning Yamamoto Architecture has been designing structures that are contextually sensitive and environmentally responsible. Led by Taizo Yamamoto, an internationally renowned artist and architect, the firm pushed the design of West Five to create a highly contemporary building that could be described as a work of art.

Inside, the development is equally as distinctive, with interiors by local interior design firm Cutler that play on the external architecture of West Five.

Expansive outdoor spaces, including the spectacular rooftop decks on the penthouse suites, take advantage of solar exposure to the south and views to the north.

On the ground floor, West Five provides optimal exposure for boutique-style retail fronting Burrard Street and a sunny, south facing sidewalk along West 5th Avenue.

CONTRIBUTED PHOTOS

"The entire architectural concept building is unified in a singular vision, built with a striking combination of high-quality materials that will age well," Yamamoto says.

WESTFIVE

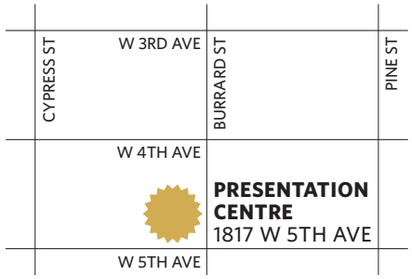
AN EXCLUSIVE COLLECTION OF TWENTY-FOUR CONTEMPORARY RESIDENCES. EXPERIENCE A LEVEL OF LUXURY UNHEARD OF IN KITSILANO.

STUDIO + FLEX TO 3 BEDROOM + DEN HOMES
RANGING IN SIZE FROM 432 – 1,946 SQ FT

PRICED FROM THE LOW $300,000'S

GRAND OPENING EVENT

DOORS OPEN MAY 2ND
AT NOON SHARP



RSVP TODAY

604.715.6060
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Orr SALES AND MARKETING BY BLVD

W5

CONTRIBUTED

Homes at The Spot reflect their neighbourhood — they channel the perfect blend of urban pulse and west side lineage.

"Our homes deliver everything that our buyers are looking for — there's a good energy, a youthful feel, but they're also refined and sophisticated," says Lily Korstanje, managing director of The Spot.

The Spot will be previewing in early May, preparing to release its studio, one-, two- and three-bedroom homes. The eight-storey boutique development will feature stunning architecture by IBI Group and spectacular views of downtown and the North Shore mountains.

Concrete construction means that homes are virtually sound-proof, and are heat insulated to keep cool in summer and warm in the winter. Air conditioning will ensure residents can always control the temperature of their environment.

Environmental sustainability is built into The Spot. The building's 125 homes will be constructed to LEED Gold certification by Ledcor Group.

The sophistication in the homes comes through in the gourmet European kitchens, which feature high-end Bosch appliances including a stainless steel gas cooktop, wall oven with hood fan, and a fully integrated refrigerator and dishwasher.

The double-basin, stainless steel undermount sink and polished Grohe chrome faucet streamline your post-meal cleanup routine.

The built-in LED under-cabinet lighting, polished quartz slab countertops and backsplash provide a dramatic backdrop for prepping, cooking and hosting.

"The kitchen often becomes the gathering place in a home, where people congregate to chat and snack, so we wanted to give residents a kitchen that would make an impression," Korstanje says.

Underfoot, homes at The Spot will have engineered oak flooring throughout living areas and European wool carpeting in bedrooms.

Bathrooms feature quartz countertops and backsplashes with an undermount basin and polished Grohe chrome fixtures, stylish, frameless glass showers, and a deep soaker tub.

Although there are plenty of activities around The Spot, sometimes you just want to stay in. On those occasions, the development has amenities you will enjoy, including a 10,000-square-foot rooftop kitchen and lounge fully equipped with barbecue, fire pit and lounge seating.

When it's too cold, early or wet out, you will have the option of working out at the fully appointed in-building gym.

The indoor meeting and media room, exclusive to residents, will come in handy for holding meetings and hosting friends.

"Homes at The Spot are a great place to buy your first home or downsize," Korstanje says.

The best of both worlds

CONTRIBUTED

Trust a development called The Spot to have the perfect location.

The new development's setting at 12th and Cambie in Vancouver has convenience and urban energy with a west-side address.

The new collection of 125 homes is in a central location for young professionals that work in and around downtown Vancouver who are looking for a neighbourhood that will allow them to travel to work quickly and easily, while at the same time providing a community in which they will enjoy spending time.

The Spot provides residents with the best of both worlds, says Lily Korstanje, managing director of The Spot. The development is located at a meeting point between the Vancouver's quiet, upscale west side and the vibrant energy of downtown.

"We're in a strategic position," Korstanje says. "We've got the upscale feel in our shops, services and restaurants, with the creativity and arts-oriented activities downtown Vancouver is known for. It's perfect for anyone who enjoys that leafy, heritage feel of Vancouver west, and also loves going out to local performances, discovering new restaurants and meeting new people."

Dining out is a pleasure at The Spot. Your biggest challenge will be to decide from the area's vast array of options.

Craving tacos? La Taqueria and Chronic Tacos are two fine options nearby that locals love. Peaceful Restaurant at Cambie and Broadway is known for its beef rolls and other delectable northern Chinese dishes. Pied a Terre is a relaxed, but refined French restaurant on your doorstep.

If you are looking for a unique night out, walk up Cambie to check out authentic live flamenco at the Kino Cafe, or catch a film at the Park Theatre.

Shopping is at your fingertips along Cambie and Broadway, and downtown's buzz and culture is minutes away. The Spot is located next to Whole Foods for all your essentials. The farmers' market near Queen Elizabeth Park, near Cambie and 26th, is a great place to find fresh seasonal produce and food products.

"There's a wealth of shopping, recreation and entertainment options at The Spot," Korstanje says.

"It's the perfect access point to the city."

CUT DOWN ON COMMUTING

Accessibility is paramount for most homebuyers, and they will get it at its best at The Spot, a new condo development at 12th Ave and Cambie in Vancouver.

The collection of homes is located steps from the Canada Line SkyTrain, making it simple and fast to get downtown in 10 minutes flat.

"It's wonderful when you can hop on the SkyTrain and get to work downtown," says Lily Korstanje, managing director of The Spot.

"That accessibility will give our residents quality of life. They won't have to spend a huge chunk of their weekdays commuting."

Broadway is another major transit route of which residents at The Spot will be able to take advantage. Board the frequent 99 B-Line express bus three blocks from home for a direct route to UBC or Broadway SkyTrain Station.

The Spot is also a hub for bike routes, a popular mode of transportation in the spring and summer. Heading east, the 10th and 7th Avenue bike routes take you to Main Street and Commercial Drive. Heading west, they travel to Granville Street, Point Grey, UBC and Vancouver's stunning array of beaches.

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West Coast design at West Quay

North Vancouver is the epitome of West Coast contemporary architecture — wooden beams, expansive glass and vast views.

West Quay by Polygon fits right in. This new collection of one-, two-, and three-bedroom residences truly embodies West Coast contemporary design.

Designed by Ray Letkeman Architects Inc, it's easy to see that the inspiration for these homes was the striking geography and the nature-loving lifestyle of the North Shore. Warm wood accents mixed with bold, modern elements make this new Polygon community an exquisite example of contemporary West Coast architecture. Lobbies will boast timber supported canopies, as well as a spacious lounge with a cosy fireplace, imported stone flooring, and views to the outdoor courtyard.

"We're a great example of West Coast architecture in a gorgeous and convenient setting," says Grace Lim, sales manager at West Quay.

Inside each home, thoughtful design and quality details make the homes a pleasure to live in every day.

Living spaces boast rich laminate flooring, and residents can choose from two designer-selected colour schemes. Kitchens feature engineered stone counters, custom cabinetry and a sleek, stainless steel appliance package.

Spa-inspired bathrooms boast some great unexpected details. Showers feature a second shower head with wand, a built-in toiletries niche and integrated bench seating.

Most ensuites also include a custom medicine cabinet hidden behind a towel bar, along with a deluxe linen closet that houses a built-in ironing board and laundry hamper.

One of the most impressive features at West Quay is the view offered from each home's large deck or spacious patio. Top-floor homes feature views of downtown Vancouver, Burrard Inlet, English Bay and the North Shore mountains. Oversized balconies and patios give residents a place to appreciate those views from the outside.

CONTRIBUTED PHOTOS

Two-bedroom homes at West Quay are priced from $419,900.

The West Quay sales centre at 21 Lonsdale Ave., in North Vancouver is open from noon to 6 p.m. daily, except Friday,

For more, visit polyhomes.com.

ENJOY A BUSTLING COMMUNITY

North Vancouver is bustling with activities all year round, and Lower Lonsdale is no exception. As the weather warms up, residents are getting out of the house and enjoying the area's parks, shopping and community events.

On May 10, get ready for Mother's Day at Lonsdale Quay, one of the many community events North Vancouver has to offer. It's one of the many neighbourhood activities residents of West Quay, the newest collection of apartment residences in Lower Lonsdale, can enjoy.

In honour of North Shore moms, the Lonsdale Quay market will be offering complimentary tea and scones from local shops the Blue Teapot, and Cobs Bakery.

"Year-round, there's never a lack of things to do in Lower Lonsdale, but West Quay residents are really going to love spring and summer in this neighbourhood," says Grace Lim, sales manager at West Quay.

Lonsdale Quay alone is a fun afternoon of browsing interesting shops, tasting different fresh foods, and taking in the amazing views of downtown Vancouver from across Burrard Inlet.

This month, the city of North Vancouver signed on to having a four-block-long slip-and-slide at Lower Lonsdale's annual Car Free Day on Aug. 8. If bringing a giant slip-and-slide in for the community isn't the definition of a fun-loving city, we don't know what is.

CONTRIBUTED

West Quay is situated in a prime location in the heart of Lower Lonsdale, directly across from Waterfront Park.

At the Shipyards site, at the base of Lonsdale Avenue, a new community hub is in the works. It's slated to include an outdoor public skating rink, a water park, an event stage and commercial space. For those who are looking for a place to stroll, the Shipyards site connects to the spirit trail.

CONTRIBUTED

ACCESS TO NATURE

North Vancouver is the perfect place to feel removed, quiet and cosy, while retaining excellent accessibility to all the highlights of the region — buzzing downtown Vancouver and the North Shore mountains.

Residents at West Quay won't need to drive downtown. Located just steps away from West Quay, the SeaBus gets you there in about 12 minutes.

Looking to get away to some nature instead? West Quay residents will have easy access to all the great places to hike, bike, ski or boat, including Grouse Mountain, Capilano Suspension Bridge, Lynn Canyon, Mount Seymour, Lower Seymour Conservation Reserve, and Deep Cove.

North Vancouver is a hub for nature trails, from half-hour strolls to nine-hour hikes on the North Shore mountains.

WEST QUAY

Balanced lifestyle meets breathtaking views in Lower Lonsdale. Discover contemporary one, two and three bedroom apartment residences by Polygon.

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A cheese fondue inspired designer Satsuki Ohata to create the Fondue Stool.

That '70s style: era comes back

DESIGN CENTRE
Karl Lohnes

Bold wallpaper, brass metallics, psychedelic patterns, shag carpeting, anything handcrafted (think macramé) and tech-inspired plastic furniture inspire a trend 40 years in the making.

1 Overarching Floor Lamp with Brass Finish
The perfect lamp to accompany a groovy sectional sofa. $329, WestElm.com

2 Lawrence Llewlyn-Bowen's Kinky Vintage Flocked Velvet Wallpaper
Bring your sexy back. $125/roll, GrahamBrown.com

3 Magical Thing's Macramé Wall Hanging
Hung over a doorway or a window, makes macramé a true '70s legend. $169, UrbanOutfitters.com

4 Jorg Boner's Oyster Collection
Modu1lar, sleek and very cool. From $1,550, AvenueRoad.com

5 Scavo Dinnerware
The look of handmade affordable style. From $4, CrateAndBarrel.com

6 Kartell's Componibili Table
The perfect side table or storage cabinet for the bath. $216, Elte.com

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metro SPORTS

Chelsea is three points off the Premier League title after a win over Leicester

Thursday, April 30, 2015

Focused on The Plan

CANUCKS

Team wants to get younger but remain in playoff hunt

Cam Tucker
Metro | Vancouver

Canucks head coach Willie Desjardins, left, president of hockey operations Trevor Linden and general manager Jim Benning attend a news conference at Rogers Arena on Wednesday. JONATHAN HAYWARD/THE CANADIAN PRESS

Trevor Linden began Wednesday's news conference with opening remarks that transitioned from the successes of the regular season, to the pain of losing in the first round, to the commitment to The Plan.

"We'll have difficult decisions to make this year," said Linden, president of hockey operations.

Despite a 101-point regular season and second place in the Pacific Division, the Canucks flamed out in the first round of the Stanley Cup playoffs. Since their run to the final in 2011, Vancouver's NHL team hasn't won a playoff round.

The core group of players has seen change, with Ryan Kesler demanding a trade and getting his wish last June. Jason Garrison was asked to waive his no-trade clause and jettisoned to Tampa Bay.

Those were the first major moves pulled off by general manager Jim Benning.

Calls and debate to ask more core players to waive their no-trade clauses in order to give younger players a shot have continued since Saturday's Game 6 defeat.

The current roster holds nine players that are 30 years of age or older.

Benning reiterated management will not be afraid to approach a player with a no-trade clause and ask them to waive it, if that's what management decides to do.

He also said management would make room on the roster for younger players if they show they're ready for the NHL.

The Plan is to remain competitive, to try and win, but integrate younger players into the lineup.

> **"We need to develop players but we can't put players in the lineup who aren't ready.** Trevor Linden

Bo Horvat, only 20 years old, took the biggest step this season.

Benning seemed pleased with the progress the franchise has made to build its depth of prospects.

"We're getting a little bit older but we want to bring in young players to supplement the energy and the skill level of our whole group," said Benning.

However, while looking to get younger, Linden was adamant the franchise won't sacrifice its post-season goal.

"We don't plan on taking any steps backwards," he said.

"Having said that, we have a firm eye on the future. We need to develop players but we can't put players in the lineup who aren't ready. They have to be ready to play."

NHL PLAYOFFS

Bolts strike down Wings

Braydon Coburn broke a scoreless tie early in the third period and Ben Bishop made 31 saves to help the Tampa Bay Lightning beat the Detroit Red Wings 2-0 on Wednesday night in Game 7 of the first-round series.

Ryan Callahan set up Coburn's third goal in 79 career post-season games with a pass through the slot to the top of the right circle, where the Tampa Bay defenceman sent a shot over goalie Petr Mrazek's right shoulder.

GAME 7 In Tampa

2	0

Anton Stralman added an empty-net goal with 1:18 remaining, ensuring the Lightning would win their first Game 7 at home since they beat Calgary in the 2004 Stanley Cup final.

Tampa Bay, which rallied from a 3-2 series deficit, advanced to the Eastern Conference semifinals against Montreal. The Canadiens host Game 1 on Friday night.

THE ASSOCIATED PRESS

Canucks' summer path far from clear

THE HOCKEY NEWS

Matt Larkin

So Game 6 against Calgary ended up an unmitigated disaster. No way around that. The Vancouver Canucks' season, nevertheless, was a success. We saw them jump from two straight seasons out of the playoffs to 48 wins, 101 points and home ice in the first round.

This is very much a team in flux, led by veterans who will eventually age out while slowly feeding its high-drafted youngsters into the lineup. What, exactly, did we learn from the Canucks in 2014-15?

1. The Sedins are not finished. Healthy and free under coach Willie Desjardins, Henrik and Daniel returned to their old, cycle-happy selves. If they scored like first-liners at 34, they can do it again at 35 next season.

2. Radim Vrbata was among the year's best free agent signings. Turns out $5 million was nothing. Vrbata topped the 30-goal mark, set a career high with 63 points and scored from the top two lines. He cemented himself as arguably the team MVP with a sizzling March in which he tallied nine goals and 18 points in 16 games, with three game-winning goals.

Willie Desjardins' free-flowing system got the Canucks' offence back on track and into the playoffs. TODD KOROL/GETTY IMAGES

3. Willie Desjardins is a hell of a coach. Back to the Sedins and Desjardins. The Canucks' new coach lifted off the shackles of John Tortorella's conservative system. Desjardins preached creativity. The result was Vancouver spiking from 28th in the NHL at 2.33 goals per game to eighth at 2.88. The Canucks' power play improved, too. It's hard to imagine this team in the playoffs this season with Tortorella still behind the bench.

4. Bo Horvat is ready to take the next step. Was there a better fourth line in the NHL over the second half of the season than Horvat between Ronalds Kenins and Jannik Hansen? That trio flashed the ability to take over games, and Horvat came just as advertised: Defensively responsible for his age and able to generate offence. He may run unrestricted free agent centre Shawn Matthias out of town and climb the depth chart.

5. Vancouver's goalie situation is a mess. Ryan Miller remains under contract for two more seasons at $6 million. Eddie Lack has a year left at $1.15 million and outplayed Miller for large stretches of the year. And then there's restricted free agent Jacob Markstrom, who owns the AHL but can't seem to get his head on straight at the NHL level. Should GM Jim Benning look into trading Lack or Markstrom?

55.61

Vancouver's Shot Attempts Close percentage in the first round against Calgary. The Canucks had the second-best rating among all 16 playoff teams.

6. The defence corps needs a youth injection. The likes of Kevin Bieksa and Dan Hamhuis looked creaky at times this season and couldn't keep up with the high-flying Flames. This team needs some moxie and speed on the back end, whether that means drafting a blue-liner in the first round or giving Frank Corrado an extended look next season.

How Vancouver's young crop develops next year will have the single biggest impact on how much further the team goes in the playoffs.

CONCACAF CHAMPIONS LEAGUE FINAL

Benedetto breaks Montreal hearts

Dario Benedetto scored three goals and Oribe Peralta added another as Club America of Mexico ended the Montreal Impact's CONCACAF Champions League dream with a 4-2 victory on Wednesday night.

Club America, after a 1-1 draw in the first leg last week, won the two-game final 5-3 on aggregate.

It was America's first victory in the Champions League era (since 2009), but the Mexico City side had won the previous version of the competition five times. They will take part in the Club World Cup in Japan in December.

Andres Romero and substitute Jack McInerney scored for Montreal, which was the first Canadian team to reach the final after dramatic wins in the quarter-finals over Mexico's Pachuca and Costa Rica's Alajuelense.

A capacity crowd of 61,004 had Olympic Stadium vibrating even before the kickoff as the Impact fans' "Allez Montreal" song drowned a sizable contingent of America supporters.

Mexico's biggest club were perhaps dazzled by the atmosphere early on, but dominated possession and carved Montreal's defence apart with four goals in the second half.

THE CANADIAN PRESS

Club America's Dario Benedetto had a hat-trick NICHOLAS KAMM/AFP/GETTY IMAGES

IN BRIEF

Hawks back in control

Al Horford and Jeff Teague scored 20 points apiece, helping the top-seeded Atlanta Hawks hold off the Brooklyn Nets 107-97 Wednesday night in an NBA playoff series that's closer than anyone envisioned.

Atlanta leads 3-2 in the best-of-seven series, which heads back to Brooklyn for Game 6 Friday night.

The Hawks can wrap it up, but the eighth-seeded Nets seem intent on taking it to the limit. THE ASSOCIATED PRESS

Morrison leads M's to a W

Logan Morrison had a tie-breaking, two-run double to back Felix Hernandez and lead the Seattle Mariners to a 5-2 win over the Texas Rangers on Wednesday night.

Tied 2-2 with the bases loaded in the fifth inning, Morrison hit a ground ball past first base against Texas starter Wandy Rodriguez (0-1). Morrison went 4 for 5, including two hits against Rodriguez to improve to 7 for 14 career against the left-hander. THE ASSOCIATED PRESS

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Rose Reisman
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This is a delicious and tasty meal for the entire family. Tortellini is a favourite for even the pickiest of children. The chicken gives them the protein they need, and most kids like pesto especially if you add extra Parmesan cheese.

Ready in
Prep time: 5 minutes
Cook time: 15 minutes
Serving size: 4

Ingredients
- 4 oz boneless chicken breast (about 1 breast)
- 12 oz tortellini
- 1/3 cup pesto
- 2 Tbsp grated Parmesan cheese

Directions

1. In a small, nonstick skillet lightly coated with cooking spray, add the chicken and sauté for 4 minutes per side or just until no longer pink. Let cool, then dice.

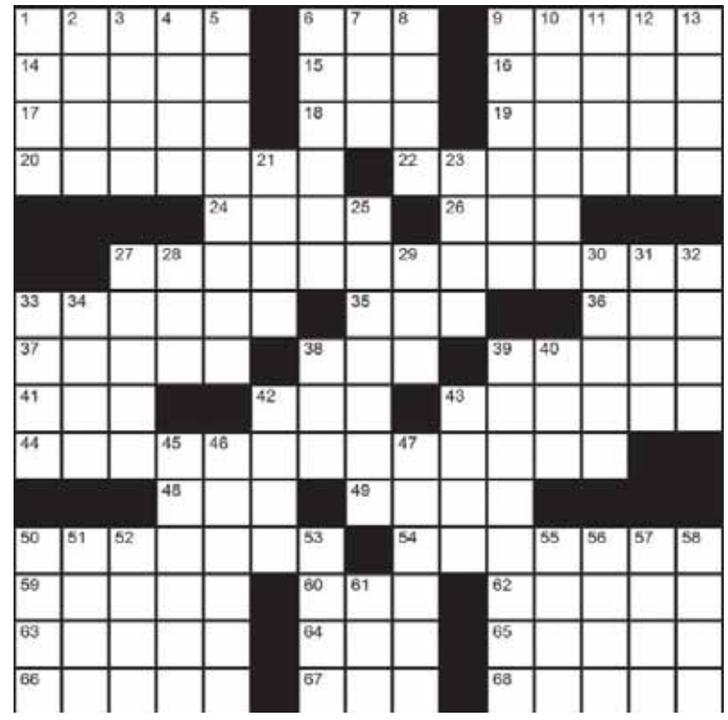
2. Meanwhile, boil the tortellini for 8 minutes or until just tender. Drain and place in a serving bowl. Add the chicken, pesto and Parmesan cheese and toss well.

Nutrition information per serving
- Calories 354
- Protein 20 g
- Carbohydrates 41 g
- Fibre 1.8 g
- Total fat 12 g
- Saturated fat 4.9 g
- Cholesterol 56 mg
- Sodium 548 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Mont __ (Highest Alps peak)
6. More, in Madrid
9. Nimble
14. Juliet's beloved
15. English cathedral city
16. Olympic legend Ms. Comaneci
17. Forest floor finding
18. CNN's sister station
19. Wedding wear
20. Wedding gown fabric
22. John __, portrayer of #59-Across' love interest
24. Stops
26. Ess follower
27. Author of new handbook The Wedding Expert: 400 Things You Need to Know to Plan Your Big Day: 2 wds. (More at #66-Across!)
33. Inclines
35. Rug kind
36. Expend
37. Also: French
38. Nightfall
39. Outspoken
41. Ms. DiFranco
42. Poet's 'previously'
43. Support
44. Stag: 2 wds.
48. Ocean, e.g.
49. __ sign (Real estate posting)
50. Has ambitions
54. "The Wedding __" (2001) starring Jennifer Lopez
59. As per #39-Down... Nia's character
60. Coffee alternative
62. Depart
63. Well-__ machine
64. Listener
65. Hall & __
66. Today's __ (Canadian magazine for which #27-Across is the Editor-in-Chief)
67. "Tsk!"
68. Like the empty wallet's money

DOWN
1. Bric-a-__
2. Scottish lake
3. Quant _ __ (For my part, in French)
4. Hasbro toy brand
5. Tossed fun celebrating the newlyweds
6. Henna-on-hands artwork
7. Entirely
8. Spike show, "Lip __ Battle"
9. Ms. Martin, portrayer of #59-Across' aunt
10. Attired
11. Idea: French
12. Wedding guests compilation
13. The __ Coast
21. Belonging to Toronto's li'l province
23. Other: Spanish
25. Some catering staff
27. General
28. Nav. designation
29. TTFN
30. Fortunate
31. Biblical twin
32. Puppy's protest!
33. Fashion designer Elie
34. Moon goddess
38. 'Ranch' suffix
39. Nia __, Canadian writer/star of "My Big Fat Greek Wedding" (2002)
40. Libran's mo.
42. Montreal pronoun
43. Grand event
45. Heralded
46. _-__ (Online brokerage company)
47. Andy†Warhol's realm: 2 wds.
50. Getting from _ __ _ (First step's progress)
51. Evening: French
52. Dog with a cord-like coat
53. Proofreading term
55. Tide type
56. Decorator Mr. Berkus
57. __-steven
58. Inactivity
61. Water: French

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
A problem will most likely resolve itself if you stop worrying about it so much. Mercury's imminent change of sign will help you to focus your thoughts on more constructive issues.

Taurus April 21 - May 21
You have come a long way in a short space of time and will go even further over the next few weeks. But first make sure you are still on the right track. Don't lose sight of your long-term goals.

Gemini May 22 - June 21
Your ruler Mercury moves into your sign tomorrow and within a matter of hours you will feel the difference in a number of ways. Put the past behind you once and for all and focus only on the bright days to come, of which there will be many.

Cancer June 22 - July 23
No matter what happens today you must remember at all times and in all situations that you are not a victim. You alone have the power to change things for the better. Be positive at every turn.

Leo July 24 - Aug. 23
For too long now you have been worrying about your career, your reputation and your place in the world and neglecting the things that bring you happiness, such as friends and family and travel. It's time to restore a more sensible balance.

Virgo Aug. 24 - Sept. 23
Career matters will take a turn for the better over the next few days but to make the most of events you will need a positive attitude. Get rid of those feelings of inferiority.

Libra Sept. 24 - Oct. 23
Despite what some people might believe you rarely think only of yourself and you will get the chance to prove it over the next two or three days. You are at your best when fighting on the side of truth and justice. But always fight fair.

Scorpio Oct. 24 - Nov. 22
You may resent having to pay for something that you feel is yours by right but don't make an issue of it. If you manage to change things you may find others deny you in other ways out of spite.

Sagittarius Nov. 23 - Dec. 21
A dispute of some kind will come to the boil over the next few days but in a way that's good because all these negative feelings are not doing you any favours. Once the air has cleared you can move on again.

Capricorn Dec. 22 - Jan. 20
It is one thing to dream but quite another to turn dreams into reality. Start thinking now about how you can take practical steps to make your current dream come true.

Aquarius Jan. 21 - Feb. 19
It does not matter how many things have gone wrong in the past, the things that really matter will start to go right as from tomorrow when mind planet Mercury moves in your favour. Believe that life is worth living – and it will be.

Pisces Feb. 20 - March 20
If you have something important to say you are advised to keep it short and sweet. The people you have to deal with, especially at work, will lose interest quickly if you spin things out too long.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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4 *CHOOSE YOUR MAKEUP DUO*
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